

# Do You Have Stage IV/Metastatic Breast Cancer (MBC)?

MBC IS BREAST CANCER THAT HAS SPREAD BEYOND THE BREAST TO OTHER PARTS OF THE BODY,  
MOST COMMONLY THE BONES, LUNGS, LIVER, AND BRAIN

IF YOU'RE EXPERIENCING  
(OR CONCERNED ABOUT)  
TREATMENT-RELATED SIDE EFFECTS  
SUCH AS NAUSEA, FATIGUE,  
RASH, ETC. **YOU ARE NOT ALONE!**



A SURVEY<sup>1</sup> OF 1,221 PATIENTS  
WITH MBC FOUND THAT:



86% HAD AT LEAST ONE  
BAD TREATMENT-RELATED  
SIDE EFFECT

If you have side effects, speak with your doctor about ways to relieve them.

Your doctor may be able to:



- Prescribe medication for relief
- Adjust your dose
- Revise your treatment schedule
- Recommend a different treatment
- Suggest something else to make you feel better

## YOU MAY START THE CONVERSATION WITH YOUR DOCTOR BY SAYING:



*"We both want  
the same things"*

*"I want to have the  
longest possible life with the  
best possible Quality of Life"*

*"You want that  
for me too!"*

*"Let's work together  
to achieve this!"*

## YOU AND YOUR DOCTOR MAY WANT TO DISCUSS:

1. Your personal goals, wishes, and desires
2. Your general health situation (other illnesses/conditions)
3. History of side effects from other drugs
4. Current and past blood counts
5. Whether the disease is slow- or fast-growing
6. Whether any organs are severely affected, or the disease is in the brain
7. Your body mass index (level of body fat)
8. Affordability of medications to ease your side effects
9. If you need help at home, is anyone available?



**NEVER** change anything about your treatment on your own; always speak with your doctor!



<sup>1</sup>Loeser, et al. ASCO Annual Worldwide Meeting, June 2021

**Questions/Comments:** Visit the Patient-Centered Dosing Initiative  
at [TheRightDose.org](https://TheRightDose.org) or email [info@TheRightDose.org](mailto:info@TheRightDose.org)

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